

# Helen Arkell



Dyslexia Charity

Supporting children,  
young people and adults  
with dyslexia



## What we do

At Helen Arkell we offer dyslexia support and advice to anyone who may need it, whether they think they have dyslexia or care for someone who may have dyslexia. We support children, young people and adults alike.

- Dyslexia assessments
- Consultations
- Courses for parents
- Specialist tuition for children
- Short courses for children and students with dyslexia
- Skills development for adults
- Workplace dyslexia training and support
- In-service dyslexia training and support for schools
- Professional training courses to Diploma level
- Specialist shop and on-line ordering
- A variety of short courses and CPD for teachers, classroom assistants and other interested parties

## Our way of doing things

Following in the footsteps of Helen Arkell herself, who set up our charity with Joy Pollock and Elisabeth Waller in 1971:

- We listen to you
- We get to know you
- We identify your strengths and empower you to act on them
- We treat you as an individual
- We're proud to be a place where 'different' is extraordinary



Together we inspire people to believe in themselves, achieve their goals, and succeed on their own terms.



## How Helen Arkell Dyslexia Charity makes a difference

- Each year we directly support over 1,000 children and adults with dyslexia through 1:1 assessments, tuition and coaching.
- We support people on lower incomes who cannot afford to pay. We do this through the generosity of the public. If you think you need bursary-funded support, give us a call and we'll see what we can do.
- By training teachers and classroom assistants in how to support pupils with dyslexia, we make sure that many thousands of people with dyslexia receive better support.
- We are increasing the number of people we help, and we are opening regional hubs around the UK. Contact us to find out where we are.
- Many of our services and courses are available online or by video call so we can help people wherever they are, at home, school or work.
- If you like what we do, and wish to help someone with dyslexia, please make a donation or get in touch.

## What is dyslexia?

Dyslexia is a difficulty with words; it affects a person's ability to read and write accurately and fluently.

Dyslexia is a learning difference that has nothing to do with intelligence. It affects people from all different walks of life.

Dyslexia can affect many aspects of learning from reading and writing to maths, memory, organisation and concentration.

Dyslexia can range from mild to severe.

No two people with dyslexia are identical.

It is estimated that one in ten people have dyslexia.

Dyslexia can be viewed positively in many aspects of life – the very fact that people with dyslexia see the world differently, and more creatively, means that they are the people more likely to make a difference to the world.

On the other hand, if not given the help they need, children and adults with dyslexia can often experience low confidence, low self-esteem, have fewer qualifications and end up making negative life choices that stop them from achieving whatever they would otherwise wish to achieve.

The key is to get the right support at the right time, helping people to be the best they can be, and to improve the quality of their lives.

**We can help with that at Helen Arkell.**



## Get Involved

There are many different ways you can get involved and help us change the lives of people with dyslexia. We don't receive any government funding so your support is crucial.

You can help us to transform more people's lives through fundraising, making a donation, regular giving, corporate support or by leaving us a gift in your Will.

## Donate

You can donate easily by visiting [www.helenarkell.org.uk](http://www.helenarkell.org.uk) or calling 01252 792 400.

## Corporate Support

Tell us how you'd like to help! From donations to volunteering, charity of the year or long term partnerships.

## Community Fundraising

We need you to raise funds and spread the word about our work in whatever creative ways you like!

## Volunteer

We are on a mission to offer more support to more people with dyslexia and your time and skills could help us achieve this.

## Contact us



There is lots of useful information on our website  
[www.helenarkell.org.uk](http://www.helenarkell.org.uk)



You can email [enquiries@helenarkell.org.uk](mailto:enquiries@helenarkell.org.uk)



Or call us on **01252 792 400**

**We would love to hear from you.**



*It's made a world of difference. I now have a different son! He's happier, more confident. He realises he's not alone and he's not stupid. It's helped at home and given the teachers the facts they need to know to help him in his education.*



*My whole life is better - it's taken a new and bright direction. My assessment has given me such confidence I am now taking a degree - a dream I never thought possible.*



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