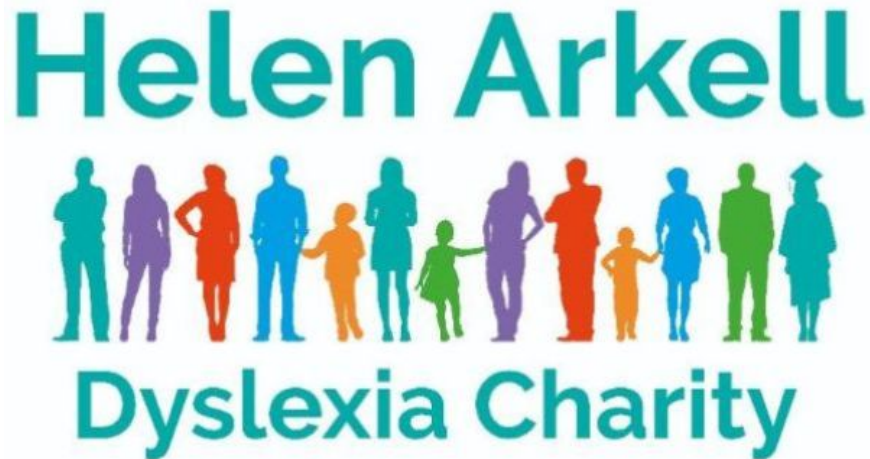


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Dear <<First Name>>,

If you're wondering when would be the right moment to get a dyslexia assessment for yourself or your child, I would say this is the moment! Post-Covid, we had a waiting time of a couple of months or more for an assessment but we are in the enviable position now that we have slots we can fill as soon as the paperwork is received.

We understand that the decision to book an assessment is often not to be taken lightly and, especially in times like these, you want to make sure your money will be well spent. We have two ways we can help you make a decision:

- If you are unsure whether an assessment is the right choice, why not book a 45-minute [parent consultation](#) to discuss your child's situation with a dyslexia expert? If you go on to book an assessment, the cost of the consultation will be deducted from the assessment fee, so it would effectively have been free initial advice.
- If finances are stopping you from booking an assessment – whether it's for an adult or a child – we can offer bursary funding for

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Here's some of the feedback from people who have had an assessment:

'We were delighted with the support and care we received from the Helen Arkell Centre. Our assessor was excellent and gave us so much advice, support and help. The way she dealt with my daughter and I also made the process enjoyable too.' **Parent**

'We are writing to express my heartfelt gratitude for the recent assessment C conducted for V, confirming his dyslexia. Her dedication, time, and expertise in evaluating his condition have been immensely helpful for us as parents and, most importantly, during this critical GCSE year... C's comprehensive report and update on the assessment results have provided much-needed clarity in V's & our lives. Understanding his challenges and strengths through your assessment has been a turning point for our family.' **Parent**

You can find out more and make an enquiry for a consultation [here](#) or an assessment [here](#).

Do get in touch if we can help you – or anyone you know – by emailing enquiries@helenarkell.org.uk and we will get back to you as soon as we can.

All the best,
Andy and the team

Workplace dyslexia information sessions

Book a Lunch & Learn with us

Would you and your team like to
understand why employing people

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understand how you can help dyslexic team members to fulfil their potential and overcome obstacles? Our tailored online sessions will do just that.

[Find out more](#)

Farnham Literary Festival Talk

Sunday 3 March from 10.30

We are delighted to be part of Farnham's Literary Festival once again. Our own [Claire Harvey, Head of Education](#), will be giving a talk entitled **How to Foster a Love of Writing – Practical Strategies to Support Struggling or Reluctant Writers.**

[Subscribe](#)[Past Issues](#)[Find out more](#)

Live Spotlight: Dyslexia in the workplace - Legal Rights and Duties

Tuesday 12 March, 6 to 7 pm

Katie Harris from specialist law firm Boyes Turner will be presenting this live webinar on the legal side of dyslexia in the workplace. A Q&A session will be included and recordings will be available.

[Subscribe](#)[Past Issues](#)[Find out more](#)

Study skills and strategies for teens

An on-demand webinar for those studying GCSEs and A Levels

Great for half-term! Our on-demand two-hour study skills video is now just £45 so even more students can study smarter, not harder.

[Find out more](#)

Touch typing for ages 6 to teens

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especially if handwriting is a chore. This three-session course, with children grouped by age, books up quickly. Summer dates also available.

Limited bursary funding for this course is available to low-income families.

[Find out more](#)

Supporting Learners with Dyslexia/SpLDs

Fridays from 19 April

Our CPD-accredited, six-session course is live online from 19 April, with recordings mailed out after each session. This is a practical course aimed at TAs and teachers but also useful for parents keen to help their children.

[Subscribe](#)[Past Issues](#)[Find out more](#)

Easter Personalised Learning

From Monday 8 April

These tailored tuition sessions help students consolidate their skills.

Each 60-minute session is on a one-to-one basis and is delivered by an experienced specialist teacher. Book one session or more over the week – whatever your child needs.



Bursary funding for tuition is available to low-income families.

[Find out more](#)

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Research

Emotion recognition

Bayan is at Brunel University studying psychology. She is conducting a study on how people with dyslexia and different reading abilities process emotional faces. The online research is anonymous and open to over 18s who have and do not have dyslexia.

[Find out more](#)

Focus on the shop

Recordable cards

These fantastic cards are a great way for learners to master spelling and sounds. They can write on the wipeable surface and record the

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word or sound!

[Shop online](#) or pop in at **24 West Street, Farnham GU9 7DR.**



[Shop now](#)

Annual Golf Day

Thursday 9 May at Worplesdon Golf Club

Join us at Worplesdon Golf Club for our annual golf day – a morning of golf followed by a delicious buffet lunch and raffle. This is a wonderful opportunity to play this stunning course while raising money for those in need of dyslexia support.

[Subscribe](#)[Past Issues](#)[Find out more](#)

Dyslexia Show 2024

Birmingham NEC, 15-16 March

Please come along and see us at our stand at this year's Dyslexia Show. This is always a busy show where we love to chat to all kinds of people about anything relating to dyslexia and we would love to see you there.

[Find out more](#)

Course list

We have a full programme of courses – online and face-to-face – for parents, children, young people and education professionals. Our [courses web page](#) has more details.

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The next step in your dyslexia journey. Seven online sessions to download and watch at your leisure that will help you support your child practically and emotionally.

Full details [here](#).

On-Demand Spotlights

View online these 60- to 90-minute webinars on current dyslexia topics:

- Dyslexia and sleep research findings with Katrin Jeffcock
- EHCPs with Rachael Allison
- Dyslexia and Executive Function Skills with Victoria Bagnall
- Dyslexia and Nutrition with Dr Emma Derbyshire
- There's More Than One Way to Read a Book with Claire Harvey
- Visual Difficulties and Dyslexia with Adil Kalooji
- Dyscalculia and Maths Difficulties with Rob Jennings
- Be a Brilliant Dyslexic Student with Sarah J Myhill
- Practising Mindfulness with Natalie Diamond
- Empowering Learning: The How of Assistive Technology with Julia Clout and Miles Pilling

Access [here](#).

Study Skills and Strategies for GCSEs and A Levels

Available on demand – NEW PRICE!

A two-hour, online workshop full of lots of practical tips and suggestions for effective study leading up to exams.

Full details [here](#).

Live Spotlight - Dyslexia in the Workplace - Legal Rights and Duties

Tuesday 12 March 2024

Join us to find out about the legal side of dyslexia in the

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Fintan O'Regan's ASC and ADHD Workshop

Friday 22 March 2024

Overlap between ASC and ADHD is the norm and not the exception. In this presentation, we consider techniques and strategies to support learning, behaviour and socialisation issues. **More information** [here](#).

Touch typing for ages 6 to teens

Monday to Wednesday

8 to 10 April 2024

The ability to touch type quickly and accurately has never been more useful, especially if handwriting is a struggle. Comprising three daily 90-minute sessions, the Touch Typing course books up quickly and we get great feedback!

More information [here](#).

Personalised Learning

8 to 12 April 2024

If your child could do with a boost over the holidays, or you would like to try out tuition, take a look at our Personalised Learning sessions.

More information [here](#).

Supporting Learners with Dyslexia and SpLDs

From Friday 19 April 2024

Our online Supporting Learners course is aimed at teaching assistants and parents and provides practical help and activities to support reading, writing, spelling, numeracy and much more. **More information** [here](#).

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For Parents: Friday 3 May 2024

Children with Oppositional Defiant Disorder and with Pathological Demand Avoidance display a counter-will against authority. We address overlaps with ADD and ADHD, supporting mood and dealing with situations. **More information** [here](#).

Touch typing for ages 6 to teens

Monday to Wednesday

29 to 30 July 2024

The ability to touch type quickly and accurately has never been more useful, especially if handwriting is a struggle. Comprising three daily 90-minute sessions, the Touch Typing course books up quickly and we get great feedback!

More information [here](#).

Level 5 Diploma in Teaching Learners with Dyslexia/Specific Learning Difficulties

September 2024 to July 2025

No previous teaching qualification needed

We have been successfully delivering courses in Teaching Learners with Dyslexia/Specific Learning Difficulties for many years and are recognised as a 'gold standard' centre for delivering specialist teacher training. We are now taking applications for CPD-accredited courses in KS2 and KS1 (**details** [here](#)) and KS2 and KS3 (**details** [here](#)).

Level 7 Diploma in Teaching and Assessing Learners with Dyslexia/Specific Learning Difficulties

September 2024 to July 2025

For holders of a Level 5 Teaching Learners with Dyslexia/SpLD qualification

[Subscribe](#)[Past Issues](#)[Details here.](#)

Free online courses and talks

Training for Teachers

Teaching for Neurodiversity

Quality-assured training and information about dyslexia and other SpLDs for teachers and support staff, and for dyslexic individuals and their families. **Watch [here](#).**

A Big Bowl of Self-Esteem

Our Head of Education, Claire Harvey discusses strategies to improve self-esteem in learners with SpLDs. **Watch [here](#).**

Supporting Children at Home with Reading During the Pandemic

With Dr Anna Tsakalaki of University of Reading

Dr Tsakalaki presents initial research into how parents supported children at home with reading during the pandemic and discusses what we can learn from this. **Watch [here](#).**

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