## **RESEARCH PARTICIPANTS NEEDED!**

# Planning in adults with and without dyslexia

90-minute lab study involving a series of cognitive tasks

## WHO CAN PARTICIPATE

- √Adults with and without dyslexia
- ✓ Native English Speakers (i.e., speaking English from birth)
- √18-40 years old
- X Diagnosis of ADHD, Dyspraxia, Dysgraphia, Dyscalculia, Autism or any other neurodevelopmental condition





For more information DM me or email me at protopac@lsbu.ac.uk

## **Participant Information Sheet**

#### Planning in adults with and without dyslexia

You are being invited to take part in a research study. Before you decide whether to participate, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully. Ask me if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

#### What is the purpose of the study?

The purpose of this study is to compare the performance of individuals with dyslexia and individuals without dyslexia on computer- and paper-based tasks relating to planning and time-management. Testing will take approximately 90 minutes to complete.

#### Why have I been invited to participate?

You meet all of the inclusion criteria for this study. That is:

- You are a native English speaker (this is because all tests will be in English)
- You are aged between 18 and 40 years
- You are either a person with dyslexia or a person without dyslexia
- You do not have a diagnosis of any of the following: ADHD, Dysgraphia, Dyscalculia, Dyspraxia, Autism or any genetic disorder that is associated with a cognitive or intellectual impairment.

#### Do I have to take part?

It is up to you to decide whether or not to take part. If you do decide to take part, you will be required to complete a consent form, which will become available by clicking the next button at the bottom of the page. If you decide to take part, you are still free to withdraw after one month of completing the study without giving a reason, but no later than 11/03/2024 when data analysis will commence.

If you are an LSBU student, choosing to either take part or not take part in the study will have no impact on your marks, assessments or future studies.

#### What will happen to me if I take part?

You will be asked to complete some tasks and questionnaires that are directly linked to the research question. This should approximately take no more than 90 minutes of your time. The researcher will be present throughout the duration of the testing and will be able to answer any questions you may have.

#### What are the possible disadvantages/risks of taking part?

Some people may find completing tasks and questionnaires assessing their mental abilities stressful, or daunting. Tests are not indicative of dyslexia, a full assessment undertaken by an education psychologist would be required to confirm a diagnosis. If you have volunteered as a person without dyslexia but are concerned that the data provided may show that you actually have dyslexia, then you should contact your GP for advice.

You do not have to answer any questions that you do not feel comfortable answering and you can take breaks in between tasks if you find the session lengthy and/or tiring.

If you wish to withdraw while completing the study, you can simply let the researcher know. If you wish to withdraw after completing the study, you can do so by emailing your participant number to the researcher, stating that you wish to withdraw your data. You will be assigned with a participant number in the next step, when you complete the consent form.

#### What are the possible benefits of taking part?

You will be paid £10 for completing the session. Alternatively, if you are a Psychology student, you may prefer to obtain 12 Research Participation Scheme (RPS) credits. These credits are a necessary component of your degree if you wish to recruit Psychology students to do your Empirical Project in the final year of your degree. By taking part you will also be contributing to further understanding of dyslexia and the continuing effects it has in adulthood.

### Will the data collected in this study be kept confidential?

All information collected during the research will be kept strictly confidential (subject to legal limitations). You will not be asked to provide your name to ensure that you will not be identifiable from your data. You will only be given a participant number, if at a later date you choose to withdraw from the study. You will only be asked to provide your email

address if you wish to participate in future studies carried out by the researcher. Your e-mail will not be linked to your data, it will only be linked to your participant number, but this information will be stored securely in a password protected document.

Anonymised data generated by the study will be stored indefinitely in a password-protected folder (applies to online files) or in a locked filing cabinet which only the lead researcher will have access to (applies to physical scoring sheets). The document containing the participant e-mail addresses will be held for a maximum of 10 years after the completion of the study.

#### What should I do if I want to take part?

By clicking the next button at the bottom of the page, you will be directed to the consent form that once signed will allow you to take part in the study.

#### What will happen to the results of the research study?

The results will be used in the researcher's thesis, contributing towards the completion of the PhD Psychology at London South Bank University. Data may also be used for other means of research dissemination, like in presentations and/or publications. No individual data will be reported, eliminating the possibility of any participant being identified by the report.

### Who is organising and funding the research?

The researcher, Christina Protopapa is conducting the research as a PhD student in the Division of Psychology, School of Applied Sciences at London South Bank University.

#### Who has reviewed the study?

The research has been reviewed and approved by the School of Applied Sciences Ethics Committee at London South Bank University.

#### **Contact for Further Information**

If you would like further information about this study, please get in touch with Christina Protopapa (<a href="mailto:protopac@lsbu.ac.uk">protopac@lsbu.ac.uk</a>) or the supervisors of this project, Dr James Smith-Spark (<a href="mailto:smithspi@sbu.ac.uk">smithspi@sbu.ac.uk</a>) and Dr Rachael Elward (<a href="mailto:elwardr@lsbu.ac.uk">elwardr@lsbu.ac.uk</a>).

If you have any concerns about the way in which the study has been conducted, please contact School of Applied Sciences Ethics Chair on sasethics@lsbu.ac.uk.

#### Thank you for taking the time to read the information sheet.

Researcher: Christina Protopapa

Date: 26/02/2024