



Dear <<First Name>>,

The Summer holidays are here, and everyone is busy, busy, busy! Whether you are planning your holiday, meeting loved ones or preparing yourself or your child for the next academic year, Helen Arkell is here to support you from your home to the workplace and even back to school! Read on to see how we can help can you this August.

Please get in touch if we can help you – or anyone you know – by emailing [enquiries@helenarkell.org.uk](mailto:enquiries@helenarkell.org.uk) and we will get back to you as soon as we can.

Happy Holidays!

All the best,  
Andy and the team



## Personalised Summer Tuition

**Would your child benefit from some extra support with their learning this summer?** Our Summer holiday sessions are the perfect solution to help boost your child's skills in maths and literacy before school starts again in September. Each 60-minute, 1-1 session is led by an experienced specialist tutor and will focus on your child's individual needs. Financial support is available for lower-income

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## Dyslexia Assessments

“Truly amazing from beginning to end. Thank you so much, you made my child feel relaxed, and he finished with a smile on his face. Both my children have had assessments through Helen Arkell Dyslexia Charity, I would highly recommend them to anyone. The reports are thorough, lots of advice and recommendations to help your child succeed.”

If you think you or your child could benefit from a dyslexia assessment with us, please find out more [here](#).

[Find out more](#)

## Autism and ADHD workshop

Join us on the **8 November** for a presentation from **Fintan O'Regan**, on the overlap between **Autism and ADHD**. He'll explore effective techniques and strategies to support learning, behaviour, and socialization in children and young people. [Book your space now!](#)

[Book now](#)

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We are counting down to Dyslexia Awareness Week in October. The theme of this year's Dyslexia Awareness Week is '**What's Your Story?**'. We will be sharing and celebrating unique stories from people with dyslexia through all walks of life. Find out more about what's to come [here](#).

[Find out more](#)



### Supporting Learners with Dyslexia/Specific Learning Difficulties

Join us for a practical course designed for teaching assistants and anyone supporting learners with dyslexia or Specific Learning Difficulties. This insightful course includes six different three-hour sessions, packed with useful, tried-and-tested strategies to help you support learners effectively. Choose to book all the sessions together or select individual sessions to fit your needs. Theo Paphitis Bursary-funded places are available for staff who work at state-funded schools. Don't miss out! [Sign up today.](#)

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busy this summer? Adventure through our shop, online and in person, to find fun and engaging activities and books that will keep your child entertained for hours. Just like these Dyslexia Friendly short story books from Author, Ant Marks.

[Buy yours now!](#)

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### Dyslexia Research Opportunity

If you are over 18 and have a dyslexia diagnosis, you could help the University of Surrey with vital research into dyslexia. If you are interested and wish to participate, please visit our website to find out more [here](#).

[Take part](#)

### Share this e-news as a PDF

You can download this e-newsletter as a PDF [here](#).

### Follow us on social media

Follow us on social media and keep up with the latest news on dyslexia and on what we are up to at Helen Arkell.

You can follow us on [Facebook](#), [X/Twitter](#), [Instagram](#) and [LinkedIn](#).

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